



Andy & Rachael van der Gugten

Trip to New Zealand

We had a fabulous time in NZ with family and friends over the Christmas Holidays!! The first week we were there we spent time with my family in Tauranga, and then we had a big family Christmas with aunts & uncles, grandparents and cousins - which was really wonderful!

It was the first time our family had been all back together for an extended period of time in years so it was a lot of fun just hanging out together and we enjoyed getting to know our niece Annika (Sister's baby) even more. :-)

After Christmas our family went up north together to the Corromandel and went camping for a couple days at a nice beach, then Andy and I continued on from there to stay with my cousin Rachel and her husband Jonathan over New Years and explore some more beaches. We got the most incredible pictures of the beaches on our way up and back and I just have to say that NZ truly is beautiful!

PureSante
Natural Health Solutions

Since beginning to study Nutritional Medicine, Andy and I have been considering if we should set up a small business so that I can eventually have a practice. Well, just in the past couple months we have really seen the opportunity open up to get this process going! There are very few alternative nutritional products on the market here in Switzerland and what they do have is very expensive, even though there is an abundance of products in the EU and England, so Andy and I are in the process of looking into establishing a small business in order to import nutritional supplements and products into Switzerland.

We have chosen the name PureSanté as something that would appeal to both internationals in Geneva and the french communiity - (Santé means health in french) and we are currently working on setting up the website - which is under construction - www.puresante.com :-)

Getting the approval for importing nutritional supplements is very rigourous and we are just about to begin the process. We may have to translate a lot of material into french/german/italian - the three Swiss languages and also submit a lot of material! We have a lot of peace about the process and are excited to be pursuing it, and even if it takes a while, and is complicated, we are willing to continue moving forward in it slowly, as we see it as an important step for the future. Evenutally, once I finish studying Nutritional Medicine and have my degree I'll also be able to practice as a consultant so having the company set up already will be a big help! Please be praying for us in this!

Our News

Aside from the regular routine at work, just a couple extra things that have been happening since we last wrote - Andy has been getting more and more involved in a project for the University of the Nations helping to set up a mail server for the Provost team and has also been quite involved in YWAM Burtigny's computer network helping to get it working much more efficiently which has been cool!

A big change coming up is that I (Rachael) will be finishing administration work at the Church in Geneva at the end of March. We had been praying about the situation and considering handing in my resignation while we were away in NZ and when we got back we just knew it was the right timing so that I could focus more on studying Nutritional Medicine. I am really excited about this transition and I am hoping it will enable me to study better as I have been finding it a struggle to do both! The timing has also worked out perfectly for me to step out of the position at Church at this time, as one of my good friends here in Geneva needed part time work and will be able to serve the church in an even broader capacity than I could - so its great!

Our homegroup is doing really well - we have been meeting every Wednesday evening since we got back in January and we have been enjoying the discussions, getting to know each other much better and delving into bible study. We just started a new series called "A Passionate Life" which focuses on 8 different principles for how to live a full and dynamic life through knowing Jesus. Its been really good.



Trip to USA

Andy and I will be going to Los Angeles, USA for the month of April so that he can attend training at the main office of the company he works for. We will be staying in L.A for the first 4 weeks and then we will be taking a week off to travel a bit and hopefully visit some friends!

So if you are in the USA in April and the first week of May, we'd love to hear from you to and depending on time/distance etc, we would love to come and visit! (We will probably only be able to stick to the west coast mostly as we have limited time to travel - but we'd love to see you if possible!) Bless you all!



Heaps of Blessings to you all!